

### **Guidelines for attending public worship under level 1 lock-down restrictions**

We have been meeting together again for worship since Sunday 14 June 2020. Our meetings take place as per normal at 10:30 in the church hall of RC Rietvallei. Below are the guidelines which we have drawn up in order to ensure that our meetings are safe and, as far as possible, in accordance with the government regulations. We imagine that these restrictions will continue for a long time as we learn to live with the risks of the virus.

1. Our church gatherings are limited to 250 people / 50% of the building capacity in a single service. For the moment, we are well within this limit and as a result there is no need for church members and regular attendees to RSVP their attendance.
2. Visitors are also welcome to join us. They will however need to complete the visitor's form before doing so. A link to the visitor's form is shared every Friday on our Facebook page.
3. Please do not come to the worship service if you are showing any of the following symptoms associated with COVID-19: fever, cough, sore throat, shortness of breath, difficulty in breathing, body aches, loss of smell or loss of taste, nausea, vomiting, diarrhoea, weakness or unusual tiredness. We will assume that all attendees have already 'self-screened' before arrival. This is very important, and we request that you be very aware of your health and symptoms in order to protect both your own health and the health of your brothers and sisters in Christ.
4. If possible, please wear a mask for the duration of the worship service.
5. You will be required to sanitise your hands on arrival, where a sanitising station will be set up. Your temperature will also be taken with an infrared thermal thermometer and if it is too high, you will unfortunately not be permitted to join us for the worship service (as per government regulations).
6. We are still expect to maintain social distancing during the worship service and limit physical contact before and after. Chairs will be arranged in order to facilitate this.
7. Please aim to arrive at the church hall for 10:20, so that there is enough time to do the screening.
8. If possible, please try and make your diaconal and church fund contributions by means of EFTs rather than cash.
9. We hope to continue live-streaming the Bible reading, sermon and prayer of response on Facebook. An audio recording of the sermon will be made available on our website on the Sunday morning.